

0810 HEALTH EDUCATION AND COMMUNITY PHARMACY Mcq Test papers

Causes of blindness

- (a) Cataract, glaucoma, trachoma and other eye infections are common causes
- (b) Vitamin A deficiency due to malnutrition and disease like measles can extremely weaken the vision
- (c) Use of infected kajal and treatment by quacks can also lead to blindness.
- (d) All of the above **Answer**

Functions of Carbohydrate

- (a) They are the main source of energy **Answer**
- (b) Maintenance of osmotic pressure
- (c) Synthesis of antibodies, plasma proteins and haemoglobin
- (d) All of the above

Write object of first aid

- (a) To prevent any danger to life
- (b) To give relief from pain
- (c) To make medical care available at the earliest
- (d) All of the above **Answer**

Symptoms of HIV

- (a) Chest pain
- (b) Cough for more than 2 weeks
- (c) Chronic diarrhea **Answer**
- (d) Blood in sputum.

Symptoms of Kwashiorkor

- (a) Edema
- (b) depigmentation of hair and hair loss
- (c) hepatomegaly
- (d) mental changes
- (e) All of the above **Answer**

Symptoms of Cholera

- (a) Oropharyngeal candidiasis.
- (b) vomiting
- (c) nausea
- (d) Both (b) & (c) **Answer**

Symptoms of Plague

- (a) The eyelashes produce abrasion of the cornea
- (b) This results in corneal ulcer
- (c) Ultimately it leads to blindness
- (d) inflammation of lymphatic glands **Answer**

Advantages of hormonal contraceptives

- (a) Very highly effective., no side effects
- (b) Regulates menstrual cycle and decreases menstrual blood loss. **Answer**
- (c) Convenient surgical methods.
- (d) Failure rate is very less.

Functions of Proteins

- (a) They are main constituents of diet
- (b) They are essential for the oxidation of fats
- (c) Bodybuilding, repair and maintenance of tissues **Answer**
- (d) They are required for the synthesis of some non-essential amino acids.

Functions of Calcium

- (a) It is essential for the formation of various enzymes.
- (b) It is needed for the regulation of body temperature.
- (c) It is necessary for the synthesis of hemoglobin.
- (d) It is necessary for growth of bones and teeth **Answer**

Functions of Iron

- (a) It is required for the clotting of blood
- (b) It is required for brain development and muscle activity **Answer**
- (c) It regulates the contraction of muscles
- (d) It is required for cardiac action production.

Advantages of condom

- (a) It is safe, cheap and effective method
- (b) It possesses minimal or no side effects.
- (c) It prevents transmission of STDs, including that of HIV infection to the sexual partner .
- (d) All of the above **Answer**

scope of first aid.

- (a) Preserve life
- (b) Prevent complications
- (c) Minimize sufferings
- (d) All of the above **Answer**

Symptoms of TUBERCULOSIS

- (a) Loss of weight
- (b) Weakness
- (c) Loss of appetite
- (d) All of the above **Answer**

Symptoms of Leprosy

- (a) cough and fever
- (b) Skin patches **Answer**
- (c) thickening of nerve
- (d) deformities of toes

Symptoms of Trachoma

- (a) Large bubos develop in groin
- (b) Fever
- (c) This lead to inward deviation of eye lashes and lid margin **Answer**
- (d) headache

Disease transmitted by Mosquito

- (a) Lassa fever
- (b) Leptospirosis
- (c) Tularaemia
- (d) Malaria **Answer**

Disease transmitted by Rat

- (a) chikungunya
- (b) yellow fever
- (c) Plague **Answer**
- (d) Dengue fever

Name the disease caused due to deficiency of

Vitamin A

- (a) Beri- Beri
- (b) Bitot's Spot
- (c) Night blindness
- (d) Both (b) & (C) **Answer**

Vitamin B

- (a) Conjunctival Xerosis
- (b) Xerophthalmia
- (c) Pellagra **Answer**
- (d) None of the above

Vitamin C

- (a) Keratinization
- (b) Beri- Beri
- (c) Pernicious anemia
- (d) Scurvy **Answer**

Sources of Vitamin A

- (a) Milk and milk products
- (b) eggs
- (c) fish
- (d) All of the above **Answer**

State whether the following statements are True or False

Kwashiorkor diseases are transmitted from animals to human beings.

- (a) True
- (b) False **Answer**

Reason: Kwashiorkor disease is protein deficiency disease seen in children of group 1 to 4 years

Physical health is the perfect functioning of the body i.e. a state in which every cell and every organ is functioning at optimum capacity and in perfect harmony with the rest of the body.

- (a) True **Answer**
- (b) False

Mental Health is defined as a state of balance between the individual and surrounding with self confidence, self-control and respect for others.

- (a) True **Answer**
- (b) False

Zoonotic disease is protein deficiency disease seen in children of group 1 to 4 years

- (a) True
- (b) False **Answer**

Reason: Zoonotic diseases are transmitted from animals to human beings.

Communicable Disease cannot be transmitted from person to person directly or indirectly.

- (a) True
- (b) False **Answer**

Reason: Communicable Disease can be transmitted from one person to another directly or indirectly.

Demography is the scientific study of the human population.

- (a) True **Answer**
- (b) False

Gram Staining is a differential staining procedure and helps to identify different types of bacteria.

- (a) True **Answer**
- (b) False

Non-communicable Disease is caused due to some infectious agent.

- (a) True
- (b) False **Answer**

Reason: Non-communicable Disease is caused due to multiple causes but not due to Infectious agents.

Blindness is defined as ' visual acuity of less than 3/60 (Snellen) or its equivalent

- (a) True **Answer**
- (b) False

Artificial immunity is the immunity which is by birth or developed in the body after exposure to the infectious agents

- (a) True
- (b) False **Answer**

Reason: Artificial immunity is developed by the body in response to the use of vaccination.

Fertility means the ability to produce offspring or children.

- (a) True **Answer**
- (b) False

Immunization is the process of protecting large number of population by producing immunity or resistance in the body by means of immunological agents

- (a) True **Answer**
- (b) False

Natural immunity is developed by the body in response to the use of vaccination.

- (a) True
- (b) False **Answer**

Reason: Natural immunity is the immunity which is by birth or developed in the body after exposure to the infectious agents.

CPR is the most important lifesaving first aid procedure in patients whose spontaneous respiration has stopped and/or pulse is absent.

- (a) True **Answer**
- (b) False

The power of the body to resist the effects of invasion of pathogens is known as immunity

- (a) True **Answer**
- (b) False

Deficiency of iron leads to Rickets in children and Osteomalacia in adults. It also leads to delayed blood clotting

- (a) True
- (b) False **Answer**

Reason: Deficiency of iron leads to iron deficiency anemia, and decreased immunity

Medical entomology is defined as the study of medically important insects (those which transmit diseases)

(a) True **Answer**

(b) False

Deficiency of calcium leads to calcium deficiency anemia, and decreased immunity

(a) True

(b) False **Answer**

Reason: Deficiency of calcium leads to Rickets in children and Osteomalacia in adults. It also leads to delayed blood clotting

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